

Ad-Duha Institute

Weekend School Curriculum

“In the name of Allah, the Beneficent, the Merciful”

This document gives a brief overview Ad-Duha’s recommended Weekend School Curriculum. The chart below illustrates all subjects taught in the curriculum and what goals students should accomplish after completing all levels, insha-Allah. The Weekend School Curriculum that follows will detail the manner in which these goals are addressed in each level. Finally, the Methodology & Educational Philosophy section (at the end of this document) will detail the how and why of the development process used to formulate this curriculum.

Please keep in mind that not all texts recommended in this guide are offered by Ad-Duha. If you wish to implement this curriculum in your community, it will be necessary to purchase some texts from Ad-Duha as well as other recommended books, software, and recommended resources from other publishers. To make this task easier, we have indicated the publisher of every non-Ad-Duha item in parenthesis after its title.

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Online Postings (blogs and web sites):

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	Qur’aan/ Tafseer (Exegesis)	Arabic	Ad’iyaa (Supplications)	Tawheed (Oneness of Allah)	Seerah/Tareekh Al- Islaam (Life of Rasulullah/Islamic History)	Ibaadat (Acts of Worship)
Goals	Memorize 30 th Juz of the Qur’aan	Read and write Qur’aanic Arabic with understanding and Tajweed rules.	Know 42 daily ad’iyaa including all ad’iyaa associated with the Salah	Memorize the 99 names of Allah with meanings and illustrative stories from the Qur’aan and Sunnah.	Islamic History from Adam to the present day	How to perform the five pillars of Islaam in detail and understand Jihad and Tahaarah.

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Abbreviation Key:

SC-student copy of text recommended

TC-teacher copy of text recommended

CC-classroom copy (software)

RC-research copy used by the teacher to prepare the lesson, then the lesson should be given in a storytelling/discussion format, using text as reference.

Important Note:

All recommended materials are published by Ad-Duha (unless otherwise noted) and are included available for purchase from our online bookstore. Those items that are not published by Ad-Duha have the publishers name noted in parenthesis under the title.

	Qur'aan/ Tafseer (Exegesis)	Arabic	Ad'iyya (Supplications)	Tawheed (Oneness of Allah)	Seerah/Tareekh Al-Islam (Life of Rasulullah/Islamic History)	Ibaadat (Acts of Worship)
Level 1 (5 years)	Faatiha, Naas, Falaq,	Vocabulary from all surahs (this is highlighted in the text) and entire alphabet (recite)	Shahaada, Sleeping, Waking, Dressing,	Tawheed Ar-rooboobiyyah-Allah's creation.	12 prophets including Prophets Adam, Nooh, Ibraheem,	Tahaarah-Istinja, Wudu procedure.
Recommended Texts	Mini Tafseer Books 1,2, & 3 (SC/TC)	Arabic Exercise Book I (SC/TC) Arabic Alphabet Flashcards (TC) Arabic Playhouse (ISL Software) (SC optional/CC) Alif for Allah (Soundvision) (CC)	Kitaab Al-Ad'iyya: Level ALP (TC) Batool's Bedtime Story (TC) Waleed Wakes Up (TC) Jameela Get's Dressed (TC) ALP Qur'aan & Arabic Teacher CD (for correct pronunciation) (TC)	Muhammad & Maryam Part I (TC)	Qasas- Ul-Anbiyaa (Stories of the Prophets, by Ibn Kathir, Darussalam Publishers) (RC)	Minhaj Al-Muslim Vol. 1 (Abu Bakr Al-Jazaa'iry, Darussalam Publishers) (RC) Waheeda the Wudu Wonder (TC)
Level 2 (6 years)	Review suwaar from the previous level w/meaning & Ikhlās, Masad, Nasr	Vocabulary from all surahs and entire alphabet (recite and write) and connecting letters	Review all ad'iyya from previous level. Eating, Sneezing, Entering/Leaving the Bathroom	Tawheed Ar-rooboobiyyah-Allah's creation.	12 prophets including Yoonus, Musa, Isa, Muhammad	Tahaarah- faraa'id, Sunnah, what invalidates.
Recommended Texts	Mini Tafseer Books 1-6 (TC) Mini Tafseer Books 4, 5, & 6 (SC)	Arabic Exercise Book II (TC/SC) Arabic Playhouse (CC)	Kitaab Al-Ad'iyya: Level ALP (TC) Bilal's Bakery (TC) Saliha Sneezes (TC) ALP Qur'aan & Arabic Teacher CD (for correct pronunciation) (TC)	Muhammad & Maryam Part I (TC)	Qasas- Ul-Anbiyaa (Stories of the Prophets, by Ibn Kathir, Darussalam Publishers) (RC)	Minhaj Al-Muslim Vol. 1 (Abu Bakr Al-Jazaa'iry, Darussalam Publishers) (RC)
Level 3 (7 Years)	Review suwaar from the previous levels w/meaning & Kaafiroon, Kowthar, Ma'oon	Vocabulary from all surahs and review alphabet, Futha, Dummah, Kusra, be able to read and write short words and verses.	Review all ad'iyya from previous levels. Before/After Wudu, Du'aaul-Istiftaah, Rukoo, Qiyaam, Sujood, Jalsa,	Tawheed Al-ooloohiyyah-Allah is the only one we worship.	Rasulullah youth, marriage, and seclusion in Ghar-Hira	Salaat-Names of 5 prayers, how to procedure (perform).
Recommended Texts	Mini Tafseer Books 1-9 (TC) Mini Tafseer Books 7, 8, & 9 (SC)	Arabic Exercise Book III Vol. I (TC/SC) Arabic Playhouse (CC)	Kitaab Al-Ad'iyya: Level A (TC) Waheeda Wudu (TC) & Hisnul-Muslim CD set (for correct pronunciation) (Angelwing)	Muhammad & Maryam Part 1 and 2 (TC)	Raheeq Al-Makhtoom (The Sealed Nectar) Darussalam Publishers (RC)	Minhaj Al-Muslim Vol. 2 (Abu Bakr Al-Jazaa'iry, Darussalam Publishers) (RC) Fatimah & Fuaad Part I (TC)

Level 4 (8 years)	Review suwaar from the previous levels w/meaning & Quraysh, Feel, Humazah	Vocabulary from all surahs and review alphabet, sukoon, Shuddah, silent letters, Tanween, be able to read and write short words and verses.	Review all ad'iyaa from previous levels. Tashahood, After Tashahood, Adhaan, Iqaama	Tawheed Al-ooloohiyyah-Allah is the only one we worship.	Rasulullah Prophethood, revelation, and Makkah years before Hijrah	Salaat- Faraaid, Sunnan, what invalidates, Wit'r, subh, Rawaatib, Sujood As-Sahw
Recommended Texts	Mini Tafseer Books 1-12 (TC) Mini Tafseer Books 10, 11, & 12 (SC)	Arabic Exercise Book III Vol. 2 (TC/SC) Arabic Playhouse (CC)	Kitaab Al-Ad'iyaa: Level ALP, A & B (TC) & Hisnul-Muslim CD set (for correct pronunciation) (Angelwing)	Muhammad & Maryam Part 2 (TC)	Raheeq Al-Makhtoom (The Sealed Nectar) Darussalam Publishers (RC)	Minhaj Al-Muslim Vol. 2 (Abu Bakr Al-Jazaa'iry, Darussalam Publishers) (RC) Fatimah & Fuaad Part 2 (TC)
Level 5 (9 years)	Review suwaar from the previous levels w/meaning & Asr, Takaathoor, Qaari'ah,	Vocabulary from all surahs and practice reading, mudd, Hamzatul Wasl, Alif Maqsoorah, rules of starting and stopping.	Review all ad'iyaa from previous levels. Leaving the House, Riding a Vehicle, Entering the House,	Tawheed Al-asmaa wal siffaat- 10 Names of Allah,	Hijrah and Medina years, death.	Salaat-Review how to perform, Jum'ah, Eidain, Janaza.
Recommended Texts	Mini Tafseer Books 1-15 (TC) Mini Tafseer Books 13, 14, & 15 (SC)	Arabic Exercise Book IV Vol. 1 (TC/SC) Al-Qari Software (Soundvision) (CC)	Fortress of the Muslim (Darussalam Publishers) & Hisnul-Muslim CD set (for correct pronunciation) (Angelwing) Also available online (for printing out individual dua's) at www.makedua.com Tariq's Big Trip	Ibraheem & Imaan Part I (TC)	Raheeq Al-Makhtoom (The Sealed Nectar) Darussalam Publishers (RC)	The Prescribed Prayer Made Easy (Tajuddin B. Shuaib) (RC) Fatimah & Fuaad Part 2 (TC)
Level 6 (10 years)	Review suwaar from the previous levels w/meaning & Aadiyaat, Zalzalah, Bayyinah	Vocabulary from all surahs and practice reading (should be fluent) Idghaam, Ikfaa	Review all ad'iyaa from previous levels. Entering the Masjid, Leaving the Masjid, Istikhaarah	Tawheed Al-asmaa wal siffaat- 10 Names of Allah	Ahlul-Bayt (wives, children, relatives of Rasulullah)	Salaat-Review how to perform, Joining, Shortening, Istikhaarah Qiyaamul-Lail, Taraweeh, Tahajjud.
Recommended Texts	Mini Tafseer Books 1-18 (TC) Mini Tafseer Books 16, 17, & 18 (SC)	Arabic Exercise Book IV Vol. 1-2 (TC/SC) Al-Qari Software (Soundvision) (CC)	Fortress of the Muslim (Darussalam Publishers) & Hisnul-Muslim CD set (for correct pronunciation) (Angelwing) Also available online (for printing out individual dua's) at www.makedua.com Muhammad Goes to the Masjid	Ibraheem & Imaan Part I (TC)	Raheeq Al-Makhtoom (The Sealed Nectar) Darussalam Publishers (RC) Research Projects should be assigned for each member of Rasulullah's family.	The Prophet's Prayer Described (Albaani) (TC/SC optional) The Prescribed Prayer Made Easy (Tajuddin B. Shuaib) (RC)
Level 7 (11 years)	Review suwaar from the previous levels w/meaning & Qadr, Alaq, Teen	Vocabulary from all surahs and Rules of Tajweed review, Izhaar, Iqlaab,	Review all ad'iyaa from previous levels. Ayatul-Kursee, Qawateem Suratul-Baqarah,	10 Names of Allah	Sahaba	Saum-How to perform, what invalidates.
Recommended Texts	Mini Tafseer Books 1-21 (TC) Mini Tafseer Books 19, 20, & 21 (SC)	Arabic Exercise Book IV Vol. 2 (TC/SC) Al-Qari Software (Soundvision) (CC)	Fortress of the Muslim (Darussalam Publishers) (TC/SC) & Hisnul-Muslim CD set (for correct pronunciation) (Angelwing) Also available online (for printing out individual dua's) at www.makedua.com	Ibraheem & Imaan Part 2 (TC)	Companions of the Prophet Vol. 1 and 2 (TC/SC)	Minhaj Al-Muslim Vol. 2 (Abu Bakr Al-Jazaa'iry, Darussalam Publishers) (RC)

Level 8 (12 years)	Review suwaar from the previous levels w/meaning & Sharh, Duha, Layl	Vocabulary from all surahs, Rules of Tajweed, meem and noon sakin, lafz al-jalaala, writing practice	Review all ad'iyya from previous levels. Qunoot, Sayyid Al-Istaghfaar	10 Names of Allah	Khulafaa Ar-Rashidoon (Rightly Guided Khalifs, Abu Bakr, Umar, Uthmaan, and Alu)	Saum-Who should/should not fast, Ramadan, Sunnah fasts (weekly, yearly)
Recommended Texts	Mini Tafseer Books 1-24 (TC) Mini Tafseer Books 22, 23, & 24 (SC)	Arabic Exercise Book IV Vol. 2 (TC/SC) Al-Qari Software (Soundvision) (CC)	Fortress of the Muslim (Darussalam Publishers) (TC/SC) & Hisnul-Muslim CD set (for correct pronunciation) (Angelwing) Also available online (for printing out individual dua's) at www.makedua.com	Ibraheem & Imaan Part 2 (TC)	History of Islaam Vol. 1 (RC) Research Projects should be assigned for each Khalifah	Minhaj Al-Muslim Vol. 2 (Abu Bakr Al-Jazaa'iry, Darussalam Publishers) (RC)
Level 9 (13 years)	Review suwaar from the previous levels w/meaning & Shams, Balad,	Vocabulary from all surahs and Rules of Tajweed review	Review all ad'iyya from previous levels. Visiting the Sick, Condolences, Visiting the Graves,	10 Names of Allah	4 Imaams, Major Scholars of Islaam both historical and contemporary (Ibn Taymiyyah, Ibn Qayoom, Ibn Kathir, An-Nawawi, Al-Bukhari, Muslim, Abu Dawood, Nisaa'i, Tabarani)	Zakaat-How to calculate, who pays, who receives,
Recommended Texts	Mini Tafseer Books 1-26 (TC) Mini Tafseer Books 25 & 26 (SC)	Tajweed Qur'aan w/English Translation (Dar Al-Maarifah) Publishers) (TC/SC) Tajweed Guide w/Audio http://quran.al-islam.com/Ahkam/Tree.asp?ID=1&t=TreeSub&l=eng&RecNo=2	Fortress of the Muslim (Darussalam Publishers) (TC/SC) & Hisnul-Muslim CD set (for correct pronunciation) (Angelwing) Also available online (for printing out individual dua's) at www.makedua.com	Khadijah & Khaalid Part 1 (TC)	The Heirs of the Prophets (Ibn Rajab Al-Hanbali, The Startlch Press) (TC/SC) Research projects should be assigned for each scholar to compile a biography and major works	The Institution of Zakah (Mohammad Mazhar Husaini, Al-Meezan International) (TC/SC)
Level 10 (14 years)	Review suwaar from the previous levels w/meaning & Fajr, Ghaashiya, A'laa	Vocabulary from all surahs, review rules of Tajweed, writing practice	Review all ad'iyya from previous levels. Anxiety, Traveling.	10 Names of Allah	Ummayad and Abbasid Empire	Sadaqah/Fidya (acts of charity to clean sins) Categories: kin, neighbors, orphans, those who ask for help (beggars), those who do not ask for help (poor), travelers.
Recommended Texts	Mini Tafseer Books 1-29 (TC) Mini Tafseer Books 27, 28, & 29 (SC)	Tajweed Qur'aan w/English Translation (Dar Al-Maarifah) (TC/SC) Tajweed Guide w/Audio http://quran.al-islam.com/Ahkam/Tree.asp?ID=1&t=TreeSub&l=eng&RecNo=2	Fortress of the Muslim (Darussalam Publishers) (TC/SC) & Hisnul-Muslim CD set (for correct pronunciation) (Angelwing) Also available online (for printing out individual dua's) at www.makedua.com	Khadijah & Khaalid Part 1 (TC)	History of Islaam Vol. 1 (RC)	Research projects and in the field activities (i.e. food drive, soup kitchen, neighborhood cleanup, etc.) should be done on each category of those deserving Sadaqah listed above.

Level 11 (15 years)	Review suwaar from the previous levels w/meaning & Taariq, Borooj	Vocabulary from all surahs, Rules of Tajweed, Tarteel, writing practice, dictation, comprehension	Review all ad'iyya from previous levels. With meanings Protection from the evil eye, forgiveness, gatherings	10 Names of Allah	Ottoman Empire	Umrah-How to perform
Recommended Texts	Mini Tafseer Books 1-31 (TC) Mini Tafseer Books 30 & 31 (SC)	Tajweed Qur'aan w/English Translation (Dar Al-Maarifah) (TC/SC) Tajweed Guide w/Audio http://quran.al-islam.com/Ahkam/Tree.asp?ID=1&t=TreeSub&l=eng&RecNo=2	Fortress of the Muslim (Darussalam Publishers) & Hisnul-Muslim CD set (for correct pronunciation) (Angelwing) Also available online (for printing out individual dua's)at www.makedua.com	Khadijah & Khaalid Part 1 (TC)	History of Islaam Vol. 2 (RC)	Minhaj Al-Muslim Vol. 2 (Abu Bakr Al-Jazaa'iry, Darussalam Publishers) (RC) Hajj and Umrah A-Z (SC) The Hajj and Umrah at a Glance (free download) (TC/SC) http://www.islamicbulletin.org/free_downloads/hajj/english/hajj_english_letter_size.pdf
Level 12 (16 years)	Review suwaar from the previous levels w/meaning & Inshiqaaq, Mootufeeeen, Infitaar	Vocabulary from all surahs, Rules of Tajweed, Tarteel, writing practice, dictation, comprehension	Review all ad'iyya from previous levels. Learn upon marriage, to the married couple,	10 Names of Allah	Muslim contribution in science, arts, mathematics, medicine, astronomy, geography etc.	Hajj- Who must perform, who is exempt, Sunnan of the Hajj review performing Umrah.
Recommended Texts	Mini Tafseer Books 1-34 (TC) Mini Tafseer Books 32, 33, & 34 (SC)	Tajweed Qur'aan w/English Translation (Dar Al-Maarifah) (TC/SC) Tajweed Guide w/Audio http://quran.al-islam.com/Ahkam/Tree.asp?ID=1&t=TreeSub&l=eng&RecNo=2	Fortress of the Muslim (Darussalam Publishers) & Hisnul-Muslim CD set (for correct pronunciation) (Angelwing) Also available online (for printing out individual dua's)at www.makedua.com	Khadijah & Khaalid Part 2 (TC)	Students should do case studies on their own and present info on contributions in each discipline.	Minhaj Al-Muslim Vol. 2 (Abu Bakr Al-Jazaa'iry, Darussalam Publishers) (RC) Hajj and Umrah A-Z (SC) The Hajj and Umrah at a Glance (free download) (TC/SC) http://www.islamicbulletin.org/free_downloads/hajj/english/hajj_english_letter_size.pdf
Seniors (17 years)	Review suwaar from the previous levels w/meaning & Takweer, Abasa, Naaziyaat, Naba,	Vocabulary from all surahs, Review Rules of Tajweed, Tarteel, writing practice, dictation, comprehension.	Review all ad'iyya from previous levels. before intercourse, seeking a child, birth of a child,	19 Names of Allah	Modern Islamic States, Palestine, Iraq, etc. (modern Islamic Conflicts and their roots) Muslim cultures around the world.	Jihaad-Definition, restrictions, what is not Jihad, suicide bombings, car bombs, civil war, treaties, treatment of Non-Muslims, Review Taharah-Istinja, Wudu, Tayamum, and Ghusl, conditions of each. Separate classes for girls/boys address menstruation and nocturnal omissions.
Recommended Texts	Mini Tafseer Books 1-38 (TC) Mini Tafseer Books 35, 36, 37, & 38 (SC)	Tajweed Qur'aan w/English Translation (Dar Al-Maarifah) (TC/SC) Tajweed Guide w/Audio http://quran.al-islam.com/Ahkam/Tree.asp?ID=1&t=TreeSub&l=eng&RecNo=2	Fortress of the Muslim (Darussalam Publishers) & Hisnul-Muslim CD set (for correct pronunciation) (Angelwing) Also available online (for printing out individual dua's)at www.makedua.com	Khadijah & Khaalid Part 2 (TC)	Students should do case studies on their own and present info on current events.	Minhaj Al-Muslim Vol. 1 & 2 (Abu Bakr Al-Jazaa'iry, Darussalam Publishers) (RC)

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Methodology & Educational Philosophy

Ad-Duha Methodology & Educational Philosophy is based on over four years of research and community consultation conducted by experienced educators, into the needs of weekend schools in America. This document summarizes the results of this research and the Ad-Duha Weekend School Curriculum (which was developed based on the research) in an accessible format. This document presents information on the Ad-Duha program only, and does not claim to represent every option or program that may be available on the market. This document is for informational purposes only and should be understood as such. May Allah grant us what is good in it, make it beneficial to the Ummah and forgive us for our shortcomings.

Educational Philosophy: The Ad-Duha Educational Philosophy takes into account the unique nature of weekend schools, where most if not all of the staff may have little or very limited experience teaching the Islamic sciences. We also believe that it is of the utmost importance that lessons engage the students in the learning process through the use of a variety of age appropriate textbooks, workbooks, software, and enrichment materials to address the apathy of students that is common in most programs.

To this end, we recommend that classes be interactive and encourage the students to ask questions, participate, and give feedback. Teachers should avoid the following methods as much as possible:

- **Rote memorization** (memorization of information without understanding its meaning or significance)
- **Lectures** (reading directly from a textbook, or speaking for long periods of time without student interaction)
- **Homework** (all work should be completed during school hours, any extra assignments to be completed at home should be voluntary and creative in nature, i.e. art projects or research)

These methods may be the ones we as parents are most familiar with from our own school days, but they are extremely ineffective in the weekend school environment.

The Ad-Duha Educational Philosophy recommends the following methods:

- Teaching based on authentic guidance from the Qur'aan and Sunnah
- Use of classic texts within the curriculum (higher levels) or as a basis of age appropriate texts (lower levels)
- Texts that can be utilized by teachers who have no background in Islamic Studies or Arabic language
- Materials and lesson formats that will be engaging to both enthusiastic students, and those who may have little or no interest in Islamic Studies and Arabic.
- Focus on Qur'anic Arabic and vocabulary (rather than modern standard or spoken Arabic)
- Materials with no pictures of humans or animals
- Keeping lessons short and simple so that they can be accomplished within the allotted class time

Methodology: The Ad-Duha methodology (manner of deciding which topics to teach and how to teach them) is based on the following main points:

- The Sunnah of Rasulullah in regards to the traditions of teaching Islaam
- The methodology used by the scholars of the Islamic Sciences
- Child development guidelines
- The most common goals that parents have for their child's Weekend Islamic Education
- Our experience working with weekend schools in the local area.

Below is a brief description of the methodology used in the sequencing of each subject taught in the Ad-Duha program:

Qur'aan: We have sequenced the curriculum based on the goals that most parents have for their children. Therefore, after a child completes all levels of the Weekend School Curriculum he/she will have memorized Juz Amma (30).

Tafseer: The Tafseer sequence follows that of the Qur'aan sequence mentioned above. The focus is on studying each surah individually using small booklets that summarize the main points in age appropriate language.

Ibaadaat: We have based the sequence of topics in this subject on the well-known hadith of Angel Gibreel coming to teach the Sahaaba their religion. In this hadith, Gibreel first taught the five pillars of Islaam. The first levels of the program focus almost entirely on building a relationship and knowledge of Allah through the study of Tawheed (i.e. thus addressing the first pillar of Islaam, Belief in Allah or Shahaada). The remaining pillars of Islaam are each taught for in order for students to spend time understanding the importance of each in detail.

The lesson material is taught using short stories. The goal is to make learning the facts of the topic more enjoyable by linking it to entertaining stories and characters that the student can identify with. The books in this subject include characters from different countries (i.e. America, Saudi Arabia, Syria, Senegal, etc.) to give students a worldview of Islaam. The stories also feature different economic and social environments to allow students to see different family structures and situations (i.e. nuclear family, orphans, needy people, widows, interracial families, etc.)

Ad'iyaa: The du'a sequencing has been based on those ad'iyaa that are most needed by the average Muslim and which are used on a daily/regular basis. We have used Hisnul-Muslim (one of the most authentic and popular compilations of ad'iyaa) as a basis for du'a selection. The goal was to make sure that children know all of these ad'iyaa and their meanings and begin to practice these ad'iyaa on a regular basis by the time they graduate from weekend school.

Arabic: The sequence of topics in this subject is based on child development theory and on our experience with teaching Arabic to non-Arabic speakers. The materials that Ad-Duha has developed have the following features:

- Transliterations of all Arabic to assist non-Arabic speaker.
- Audio/visual software to teach correct pronunciation and make learning fun.
- Qur'aanic Arabic vocabulary and examples directly from the Qur'aan (rather than modern standard or spoken Arabic)
- Daily worksheets so that teachers do not have to develop or search for enrichment materials (our workbooks contain between 200-400 worksheets for the year)
- Teaching script (what you are supposed to say to the child during the lesson) included in the workbooks (directly on each worksheet).
- Uthmani script (this is the script used in the Qur'aan so that the letters/words in the workbook look the same as they do in the Arabic text of the Qur'aan)
- Color-coded examples (to make identification of letters/rules being taught easier)
- Cross-curricular connections (Arabic lessons tie in information from the other subject areas, for example Qur'aan or Tafseer lessons)

Tareekh Al-Islaam/Seerah: The sequence of this subject is chronological (from the first man until modern times). This format was chosen because it would give students the proper order of events and help them place events in time correctly. This is also the format used in the most accepted classic texts on the subject. By following this method we also teach students that Islaam is the path of all mankind rather than a personal choice, "lifestyle" or culture, as is commonly understood by many young Muslims in the west.

May Allah help us in the task ahead, bless the work that has been completed so far, and make this curriculum of benefit to the Muslim Ummah, Ameen.